

# Newsletter

Church of The Assumption Pomeroy  
Church of The Immaculate Conception Altmore

Very Rev. David Moore P.P. V.F.  
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BT70 2RD  
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*“For God so loved the world, that He gave His only begotten Son,  
that whoever believes in Him shall not perish,  
but have eternal life”*

## POMEROY MASS TIMES

Recently Deceased	Pat Conway-Carrickmore Kate Bowes-Omagh
Sun Vigil (Sat) 7pm	John & Josie O’Brien, Eddie & Mary Donaghy John & Nellie Loughran
Sun 11.00am	Paul Colhoun, Kathleen & Joe McGale
Tues 7.30am	Mass
Tues 9.30am	Mass
Wed 9.30am	Agnes Kilpatrick, Teresa Harte, Kate Bowes –Recently Deceased.
Thurs 7.30am	Mass
Thurs 9.30am	Mass
Fri 7.30am	Mass
Fri 9.30am	Mass
Sat. 24th Feb. 7pm	Jason McKenna, Joe Kelly
Sun 25 <sup>th</sup> Feb. 11am	William Moore, Kathleen & Peter Ruddy

## ALTMORE MASS TIMES

Sun 18th Feb. 9.30am	Fr. Laurence McGlinchey
Wed 21st Feb. 7.30pm	Mass
Sun. 25th Feb. 9.30am	Siobhan & Michael McGoldrick, John & Jennie Loughran

**YOUR PARISH  
CONTRIBUTION  
£944.71**

**Choir practise** will be held on Thursday  
22 February at 8.00pm in the Church. All  
members are asked to attend in preparation  
for Confirmation.

## THOSE ASSISTING AT MASS

24th Feb. & 25 <sup>th</sup> Feb.	7pm Vigil Mass	11am Mass	Altmore 9.30am
Lectors	H P McGeary & D. Lagan	K. McGeary & B. Burns	M. Clarke & H. Heron
Eucharistic Ministers	P. McNally, A. Kane & R. Brogan	M. McCallan, E. McGale & D. Rafferty	Anne Coyle
Prayers of the Faithful	Lorcan Kilpatrick	Aife Quinn	Aodan Coyle

## PARISH SACRAMENTS

Confessions	Sat. 6.30pm Pomeroy
Baptisms	1 <sup>st</sup> & 3 <sup>rd</sup> Sat. 5.30pm

Psalm 24 “Your ways Lord,  
are faithfulness and love for  
those who keep your  
covenant.”

# Parish Announcements

## Priests of the Pastoral Area for Emergencies only

Very Rev Gerard McAleer, P.P.	028 87761327
Very Rev Sean O’Neill, P.P.	028 80761207
Very Rev Patrick Hughes P.P.	028 86751206

## Parish Information

Parish Secretary	Dympna Lagan	Tel: 02887758329
Mon, Wed, Thurs & Fri 10am-1pm	E: <a href="mailto:pomeroysecretary@hotmail.com">pomeroysecretary@hotmail.com</a>	
Pomeroy Sacristan	Mrs A.M. Bonner	Tel: 07554946738
Altmore Sacristan	Miss M. Clarke	Tel: 02887758239
Parish Safeguarding Representatives		
Mr & Mrs Gerard McDonald		Tel: 02887758019
St Mary’s Primary School		
Mr Damian Eannetta		Tel: 02887758541
Accord Marriage Preparation		Tel: 02838334781
Church & Oratory Cleaners:		
February:	Church Josephine & Geraldine McGeary	
	Oratory Mary Mullan	

## Dates for Your Diary

Wednesday 28 February:	Confirmation.	5pm.
Monday 5 March:	First Penance/Communion Talk.	7pm.
Friday 9 March:	First Penance.	7pm.
Saturday 12 May:	First Holy Communion.	11am.
Sunday 17 June:	Cemetery Mass Altmore.	3pm.
Sunday 24 June:	Cemetery Mass Pomeroy.	11am.

## Family Prayer for World Meeting of Families 2018

God our Father, We are brothers and sisters in Jesus your Son, One Family, in the Spirit of your love. Bless us with the joy of love. Make us patient and kind, gentle and generous, welcoming to those in need. Help us to live your forgiveness and peace. Protect all families with your loving care, especially those for whom we now pray (We pause and remember family members and others by name) Increase our Faith, strengthen our Hope, keep us safe in your Love, make us always grateful for the gift of life that we share. This we ask, through Christ our Lord. Amen.

Mary, mother and guide, Pray for us. Saint Joseph, father and protector, Pray for us. Saints Joachim and Anne, Pray for us. Saints Louis and Zelig Martin, Pray for us.

**World Meeting of Families 2018:** Attendance at all World Meeting of Families 2018’s events will require tickets/registration. Some events will be free and others will be subject to a fee. Registration is done online at: [www.worldmeetingoffamilies/registration](http://www.worldmeetingoffamilies/registration) The link will also provide you with the various types of registration/tickets and also available accommodation. I hope you will find this useful.

**Pomeroy Players** would like to thank everyone who came out to support them at their Quiz night on Saturday 10th February.

**Rosary for The Holy Souls** in the Oratory on Sunday @ 7pm. All are welcome.

**HERE TO HELP** Interpersonal conflict can arise almost anywhere from work to personal relationships. Learning to resolve it effectively, in a way that does not increase your stress levels, is important for everyone. As a first step you need to understand the root cause of the conflict and then decide how to deal with it. The options are: 1, Compete/fight - one party wins and the other loses; 2, Collaboration – both win; 3, Compromise/Negotiation - both give up something; 4, Denial/Avoidance – both pretend there’s no problem; 5 Smoothing over the problem – generally one wins and the other loses. There are a wide range of useful skills for handling conflict. Possibly the most important is assertiveness and the ability to express your views clearly and firmly without aggression. In handling conflict, it is important to know your limitations. If you reach a point where you don’t feel confident that your intervention is going to help, then it’s better to ask for help rather than to step in and make matters worse. For help in family situations then consider Accord, the Catholic Marriage Care Service who offer personalised marriage and relationship counselling [www.accord-ni.co.uk](http://www.accord-ni.co.uk) For family mediation or other family support [www.familysupportni.gov.uk](http://www.familysupportni.gov.uk). In other situations, then check out <https://www.skillsyouneed.com/ips/conflict-resolution.html>

Friends of St. Mary’s are holding a Fashion Show in the Greenvale Hotel on Friday 23 February @ 7.30 sharp. Tickets are available from Nisa Supermarket.

**Pomeroy Drama will stage their production of “Dancing at Lughnasa” in the Craic Theatre, Coalisland on Saturday 17th & Sunday 18th February @ 8pm.** All support will be greatly appreciated.

**C & N Bus Hire** are providing a bus for those who wish to avail of a pre- show drink. Cost £15 (includes your entry to the show). Contact Darren on 07919123304 for additional information.